

LAUNCH PAD FAMILY MEALS

KITS INCLUDE ALL INGREDIENTS AND COOKING INSTRUCTIONS!

HALF KITS AVAILABLE FOR 50% A PRICE REDUCTION (SERVES TWO) EXCLUDING NASHVILLE HOT CHICKEN

FAMILY MEALS KITS

EACH KIT SERVES APPROXIMATELY FOUR PEOPLE

St. Louis Style Ribs	Greek Rub or BBQ with homestyle slaw, garlic potato wedges and macaroni salad. Includes two full racks.	60
Roasted Spatchcock Chicken	Cajun rubbed chicken or lemon herb with roasted potatoes, seasonal veggies, red wine sauce and Caesar salad.	60
Lasagna	Ground spicy sausage and ground beef chuck with ricotta cheese and ragu sauce. Comes with arugula salad and garlic bread. (V)	50
Jambalaya	Spicy Italian sausage, tiger prawns, chicken, black beans, peppers, onions, garlic and tomatoes in a creole sauce with basmati rice. Served with a citrus salad. (V)	60
Taco Kits	Choose between chicken or beef. Sides include pico de gallo, salsa roja, sour cream, tortillas, chips and guacamole. Comes with three corn tortillas per person. (G)	80
Nashville Hot Chicken	A whole chicken, broken down and fried, served with potato salad, homestyle slaw, house made ranch and corn fritters. Not available as a Half Kit.	60

PREMIUM KITS

SERVES ONE

Surf + Turf	6 oz sous vide and seared tenderloin steak, Atlantic lobster tail with smashed potatoes, seasonal veggies and a Cognac peppercorn sauce.	60
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(V) - Vegetarian Option Available

(G) - Gluten Aware

INQUIRE ABOUT OTHER FOOD SENSITIVITIES WITH OUR FOOD & BEVERAGE TEAM

Hours of Operation: Thursday to Saturday 5:00 pm – 8:00 pm | Pick-up or \$5 Delivery (within Harmony) | 403-620-0086

Chef Jose Lemus | jose@mickelsonnational.com | 34122 East Harmony Trail, Rocky View County, AB T3Z 0G8

